

recovery meeting timetable

City: Call ADA Helpline 01224 594700

helpline@alcoholanddrugsaction.org.uk

Monday

10-10.30am Daily Check In, All Welcome

2-3pm All Recovery Meeting

Tuesday

10-10.30am Daily Check In, All Welcome

11-12.30pm ADAPT Full meeting

Wednesday

10-10.30am Daily Check In, All Welcome

3-4pm All Recovery Meeting

5-6.30pm ADAPT Full Meeting

7.30-9pm Family Support Group (fortnightly from 15th Apr)

Thursday

10-10.30am Daily Check In, All Welcome

Friday

10-10.30am Daily Check In, All Welcome

2-3pm All Recovery Meeting

Saturday & Sunday

10-10.30am Daily Check In, All Welcome

Sunday

2-3.30pm ADAPT Full Meeting

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All of the groups below are delivered in collaboration with Aberdeenshire ADP and partner organisations

Monday

11-2pm Stonehaven Recovery Hub

Tuesday

11-12pm Inspiring Insch

Wednesday

2-3pm ADAPT, Inverurie

6.30-8pm ADAPT, Stonehaven

7.30-9pm Garioch Family Support Group (fortnightly from 1st April)

Thursday

1-2pm Aberdeenshire Weekly Check-In (we are in this together, share your thoughts and experiences)

Friday

11-12pm Huntly Recovery Hub

5-6pm Garioch Connects

Saturday & Sunday

You are more than welcome to join the City recovery meetings, or call our Helpline if you need support.